

ANTI-HUNGER PROGRAM IMPACT REPORT

AT THE DOW BAY AREA FAMILY YMCA



YOUTH FOOD PROGRAM

Dow Bay Area Family YMCA's Anti-Hunger initiatives include our Free Youth Food Program, Emergency Food Box Program, and youth teaching kitchen. Our Free Youth Food Program serves healthy meals to any youth age 18 and under in partnership with the USDA and the Michigan Department of Education. This year we provided meals and snacks for afterschool programs at Dow Bay Area Family YMCA, Boys and Girls Club of the Great Lakes Bay region, Verellen Elementary, and Cramer Junior High School under the Child and Adult Care Food Program (CACFP). During the summer, we operate under the Summer Food Service Program (SFSP) and are currently providing meals at Maplewood Park, Dow Bay Area Family YMCA, 1st Presbyterian Church on Center Ave., and Hampton Township Police Department (rural non-congregate site).

27,323 MEALS served from January–August 2025

5,966 SNACKS served from January–August 2025



RURAL NON-CONGREGATE

SUMMER FOOD PROGRAM

7,570 MEALS were served at the Dow Bay Area Family YMCA

1,755 MEALS were served to our Preschool and Early Learners at First Presbyterian Church

530 LUNCHES & 220 HEALTHY SNACKS were served at our Maplewood Park location

9,550 MEALS meals were served at our Rural Non-Congregate site at the Hampton Township Police Department. Every Friday until August 15th, we offer a week of meals (7 breakfasts/7 lunches) to youth who are in need



EMERGENCY FOOD BOX

Our Emergency Food Box Program provides after-hours pick-up and/or delivery options for individuals and families in need to receive an emergency food box (which provides enough non-perishable food for 3-5 meals and one toiletry item). We typically serve those facing job loss or reduction, the disabled, elderly, or homebound, or those who (for whatever reason) will not have enough food to feed their households over a weekend on an emergency basis. This program relies completely on donations and sponsorships to operate.

764 EMERGENCY FOOD BOXES delivered so far in 2025

396 EMERGENCY FOOD BOXES picked up onsite from the Dow Bay Area Family YMCA in 2025



KIDS COOKING CLASSES

We also provide Tots Cooking and Kids in the Kitchen classes during the school year to teach children and families fun, healthy, cost-effective meal options. These programs are offered either fee-based (with financial assistance for those in need) or free with sponsorship.

111 YOUTH taught in our cooking classes this year