

# NORTH COURT

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
West	East	West	East	West	East	West	East	West	East	West	East	West	East
5:00 AM		5:00 AM		5:00 AM		5:00 AM		5:00 AM					
5:30 AM		5:30 AM	HIIT	5:30 AM		5:30 AM		5:30 AM	HIIT				
6:00 AM	Breakfast Bootcamp	6:00 AM		6:00 AM	Breakfast Bootcamp	6:00 AM		6:00 AM	Breakfast Bootcamp				
6:30 AM		6:30 AM		6:30 AM		6:30 AM		6:30 AM					
7:00 AM		7:00 AM		7:00 AM		7:00 AM		7:00 AM		7:00 AM			
7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM			
8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM	TRX		
8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM			
9:00 AM	Open Pickleball (1 Court)	Summer Camp		9:00 AM	TRX	Summer Camp		9:00 AM	TRX	Summer Camp			
9:30 AM				9:30 AM				9:30 AM					
10:00 AM				10:00 AM				10:00 AM					
10:30 AM				10:30 AM				10:30 AM				10:00 AM	Open Pickleball (2 Courts)
11:00 AM				11:00 AM				11:00 AM				11:00 AM	
11:30 AM				11:30 AM				11:30 AM				11:30 AM	
12:00 PM				12:00 PM				12:00 PM				12:00 PM	
12:30 PM				12:30 PM				12:30 PM				12:30 PM	
1:00 PM				1:00 PM				1:00 PM				1:00 PM	
1:30 PM				1:30 PM				1:30 PM				1:30 PM	
2:00 PM				2:00 PM				2:00 PM				2:00 PM	
3:00 PM				3:00 PM				3:00 PM				3:00 PM	
4:00 PM				4:00 PM				4:00 PM				4:00 PM	
4:30 PM				4:30 PM	Summer Camp			4:30 PM					
5:00 PM				5:00 PM				5:00 PM					
5:30 PM	Boot-camp			5:30 PM	Total Body Sculpt			5:30 PM	TRX Boot-camp				
6:00 PM				6:00 PM				6:00 PM					
6:30 PM				6:30 PM				6:30 PM					
7:00 PM				7:00 PM				7:00 PM					
8:00 PM				8:00 PM				8:00 PM					

# SOUTH COURT

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
West	East	West	East	West	East	West	East	West	East	West	East	West	East
5:00 AM		5:00 AM		5:00 AM		5:00 AM		5:00 AM					
5:30 AM		5:30 AM		5:30 AM		5:30 AM		5:30 AM					
6:00 AM		6:00 AM		6:00 AM		6:00 AM		6:00 AM					
6:30 AM		6:30 AM		6:30 AM		6:30 AM		6:30 AM					
7:00 AM		7:00 AM		7:00 AM		7:00 AM		7:00 AM		7:00 AM			
7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM			
8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM			
8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM			
9:00 AM	Open Pickleball (2 Courts)			9:00 AM		9:00 AM		9:00 AM		9:00 AM			
9:30 AM				9:30 AM		9:30 AM		9:30 AM		9:30 AM			
10:00 AM				10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM	
10:30 AM				10:30 AM		10:30 AM		10:30 AM		10:30 AM		10:30 AM	
11:00 AM				11:00 AM	Sports Camps			11:00 AM	Sports Camps			11:00 AM	
11:30 AM				11:30 AM		11:30 AM	Sports Camps	11:30 AM		11:30 AM		11:30 AM	
12:00 PM				12:00 PM		12:00 PM		12:00 PM		12:00 PM		12:00 PM	
12:30 PM	Noon Ball			12:30 PM		12:30 PM		12:30 PM	Noon Ball	12:30 PM		12:30 PM	Noon Ball
1:00 PM				1:00 PM		1:00 PM		1:00 PM		1:00 PM		1:00 PM	
1:30 PM				1:30 PM		1:30 PM		1:30 PM		1:30 PM		1:30 PM	
2:00 PM				2:00 PM		2:00 PM		2:00 PM		2:00 PM		2:00 PM	
3:00 PM				3:00 PM		3:00 PM		3:00 PM		3:00 PM		3:00 PM	
4:00 PM				4:00 PM		4:00 PM		4:00 PM		4:00 PM		4:00 PM	
4:30 PM				4:30 PM		4:30 PM		4:30 PM					
5:00 PM				5:00 PM		5:00 PM		5:00 PM					
5:30 PM				5:30 PM		5:30 PM		5:30 PM					
6:00 PM				6:00 PM		6:00 PM		6:00 PM					
6:30 PM				6:30 PM		6:30 PM		6:30 PM					
7:00 PM				7:00 PM		7:00 PM		7:00 PM					
8:00 PM				8:00 PM		8:00 PM		8:00 PM					