



## **DBAFY DODGE FOR A CAUSE 2019**

### **February 2, 2019, Dow Bay Area Family YMCA**

### **Release Form**

Please return release form to Team Captain.

Player's Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

Shirt Size: \_\_\_\_\_

Emergency Contact (Parent's Name if under 18): \_\_\_\_\_

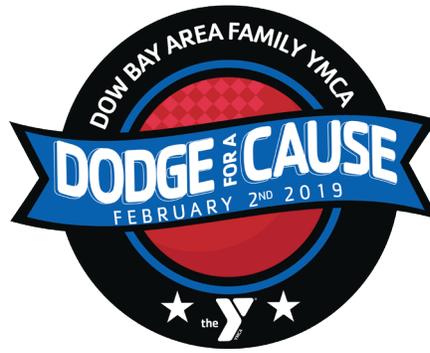
Emergency Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

I, the undersigned, understand the nature of activities will include playing dodgeball, spectating, and I understand the risks of my child's participation in these activities. I authorize, where it is impracticable to communicate with myself, and in the necessary circumstances, the use of Ambulance by a qualified medical practitioner. I accept the responsibility for payment of all medical expenses resulting. I agree to indemnify and hold indemnified Dow Bay Area Family YMCA, its agents, employees, and volunteer workers of all claims and losses arising from participation in this Dodgeball Tournament. My child will abide by all the Rules and Conduct of the Tournament. By signing above, I have agreed to these terms.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# RULES AND CONDUCT GUIDELINES

## Team Divisions

**Adult Teams (15 yrs. & up):** 6–10 players, 6 on the court during play and 2 must be females, other players are substitutes

**Youth Teams (4th–8th grade):** 9 players, all 9 will start on the court during play (May add a 10th player for +\$10)

\*Youth teams must have an adult captain that will **not** play.

## Playing the Game

### Object

Eliminate all opposing players by getting them "out", to do so...

Hit opposing player with "live" ball thrown below the shoulders.

Catch "live" ball thrown by an opposing player before it touches ground ("live" ball means: a ball thrown that has not touched anything including ground, another ball, another player, wall, ceiling, basketball hoop, etc.).

### Opening Rush

Balls will be placed on center line; each team is behind their teams end-line, on whistle, get as many dodgeballs as you can.

### Boundaries

During play all players must stay in the court, but may leave to retrieve stray ball but must return in through their teams end-line, leaving the court without the purpose of retrieving a stray ball will result in that player being "out."

### Time

20-minute playing periods or best two games out of three, whichever comes first.

### Time-Outs

There are **no** time outs.

### Winning

The team to win the most games (eliminating all 6 opposing players equals one win) in the 20 minute playing period, moves forward in the winner bracket. If games won are tied with five minutes left in the playing period, the team with the most players on the court at the 20-minute mark is the winner.

### "Outs"

Once a player is out, they remain out until the next game in the 20-minute playing period begins. Catching a ball thrown by an opposing player does not bring an "out" teammate back into the game.

### 5-Second Rule

It is a violation if one team has all of the balls on their side for more than five (5) seconds.

### Blocking

Player can defend by blocking or hitting a ball away with another ball.

### Headshots

Any player who throws a ball that hits an opponent's head is out. If someone is hit in the head with a ball, they are **not** out.

### Substitutions

There are no substitutions during a game unless of injury. After the current game in the playing

period, you may change the line up for the next game.

### Center Line

If you step over the center line at any point, you are out.

### Uniforms

Each team will be given shirts in their own color, they must wear these as their uniforms.

### Everybody's Safe Rule

A ball is thrown by Team A and hits a player on Team B before bouncing into the air and caught by another player on Team B, **everyone is safe.**

### The Wall/Divider is the Floor

If the ball hits the wall/divider before hitting a player, the player is safe. If a player catches the ball after it bounces off the wall/divider, the player who threw the ball is safe.

### Sportsmanship

All YMCA members, staff, program participants, and spectators are expected to practice the YMCA Core Values of Caring, Honesty, Respect, and Responsibility. We ask that kids and adults participants who are "out", remain honest and exit the playing floor even in the event that the referee may have missed the hit.

## This Section Must Be Read By All Players

I, the undersigned, understand the nature of activities will include playing dodgeball, spectating, and I understand the risks of this participation. I authorize, where it is impracticable to communicate with myself, and in the necessary circumstances, the use of Ambulance by a qualified medical practitioner. I accept the responsibility for payment of all medical expenses resulting. I agree to indemnify and hold indemnified Dow Bay Area Family YMCA, it's agents, employees, and volunteer workers of all claims and losses arising from participation in this Dodgeball Tournament. I abide by all the Rules and Conduct of the Tournament. By signing this document, I have agreed to these terms.